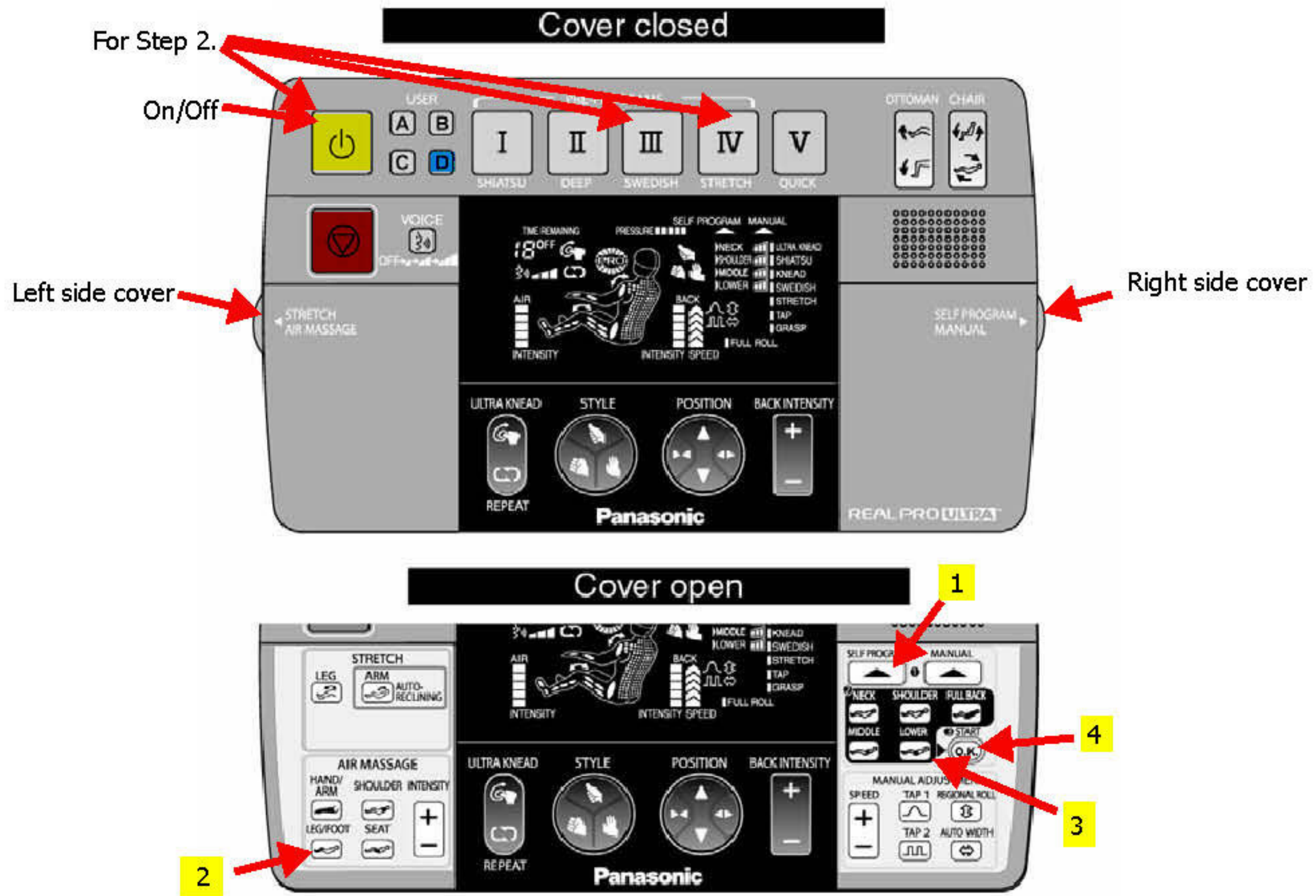


1. Open the lower covers on the left and right portions of the remote control panel. Familiarize yourself with where the Self Program, Leg/Foot, Lower and Start buttons are.
2. Push and hold the following buttons continuously for approximately 3 seconds until User D button is lit: III (swedish), IV (stretch) and On/Off
3. Within 10 second after the User D button lights, push the following buttons one at a time in order: **1.** Self Program, **2.** Leg/Foot, **3.** Lower, **4.** Start (not same as on/off)



## HOW TO READ THE DISPLAY

Count the number of solid blocks in A Block, B block, C block and D block. You may not have any blocks filled or just blocks in one area.

